

Senior Classes & Day Trips

Call 281.425.6311 for more information or to register.

Want to receive the latest updates about our senior classes and trips? Contact us or get emails.

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The Center for Workforce and Community Development's Senior Adult & Travel Program serves thousands of Senior Adults (50+) in Baytown and the surrounding communities. It offers participants a chance to improve their quality of life through social events, classes, and travel opportunities. Seniors looking to stay busy, meet new friends, and make connections in the community are welcome and encouraged to participate.

The Senior Adult & Travel Program hosts a plethora of extended travel trips, daytime bus trips, social events, personal enrichment, wellness courses, safety workshops, and Red Hat Society events. Seniors can register for events online, by phone at 281.425.6311, or in person at 909 Decker Dr. Baytown. Registration for bus trips, classes, and events is ongoing. Seats are filled on a first-come, first-served basis, with waiting lists available for many of the excursions in case of cancellations.

Concurrent Courses

Day Trips

- [Museum of Fine Arts Day Trip](#)
- [Aviation & Flight Museum Trip](#)
- [Tour of Minute Maid Park](#)

Wellness Courses

Pilates for Seniors

- [Mon./Wed. Pilates Class](#)
- [Tue./Thu. Pilates Class](#)

Water Aerobics

- [Mon./Wed. Water Aerobics Class](#)
- [Tue./Thu. Water Aerobics Class](#)

[Wellness Center and Open Swim](#)

[Yoga for Seniors](#)

Leisure Learning

Nothing scheduled at this time.

Red Hat Group

The local Red Hat ladies are back! We meet on the third Wednesday of every month for lunch at a local restaurant. Contact us to sign up and to get more information: 281.425.6311 or workforce@lee.edu.

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